



Physical activities and healthy living

Football

Activity	Ages	When	Where	Accessibility	Contact
Little Kickers		Sundays 9.30am to 1.30pm	The Campus Highlands Lane Weston-super- Mare BS24 7DX	□ Blind / visual impairment	Andy 07557 533 170 aparkinson@littlekickers
				\Box Deaf / hard of hearing	
				Learning disability / difficulty	
				Mental health condition	<u>.co.uk</u>
				□ Autistic spectrum disorder	www.littlekickers.co.uk
				Physical impairment	
				\Box All of the above	
				\Box None of the above	
Walking Football -	50+ years	Mondays and	Everyone Active	□ Blind / visual impairment	John Walter
Clevedon Three 20 minute games with rest and hydration breaks in between. Tea and	Thursdays 10am to 12pm	Thursdays	Stadium Davis Lane Clevedon	\Box Deaf / hard of hearing	07926 592 457 spf.age47@gmail.com
		10am to 12pm		□ Learning disability / difficulty	
		BS21 6TG	Mental health condition	Pete Condon	
				□ Autistic spectrum disorder	07943 829 700
coffee and a catch up afterwards.				Physical impairment	www.clevedonwalkingfoot
We welcome male				\Box All of the above	<u>ball.co.uk</u>
and female players				\Box None of the above	





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Walking Football – Nailsea Nailsea United Walking Football club	50+ years for men 40+ years for ladies	Wednesdays 7pm to 8pm	Nailsea School Mizzymead Road Nailsea BS48 2HN	 Blind / visual impairment Deaf / hard of hearing Learning disability / difficulty Mental health condition Autistic spectrum disorder Physical impairment All of the above None of the above 	07939 374 147 nailseaunitedwfclub@gma il.com
Walking Football – Weston-super- Mare Weston-super-Mare AFC walking football for all abilities	50+ years	Mondays 8pm to 9pm Tuesdays 10am to 11am Fridays 10am to 11am	Optima Stadium Winterstoke Road Weston-super- Mare BS49 9AP	 Blind / visual impairment Deaf / hard of hearing Learning disability / difficulty Mental health condition Autistic spectrum disorder Physical impairment All of the above None of the above 	01278 751 029 <u>Vanvliet1130@gmail.com</u> <u>https://www.westonsmare</u> <u>afc.co.uk/walking-football/</u>



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Walking Football – Weston-super- Mare Western Rebels walking football club.	50+ years	Mondays 10.30am to 11.30am Wednesdays 10am to 11am (for those with health issues)	Hutton Moor Leisure Centre Hutton Moor Road Weston-super- Mare BS22 8LY	 Blind / visual impairment Deaf / hard of hearing Learning disability / difficulty Mental health condition Autistic spectrum disorder Physical impairment All of the above None of the above 	07427 242 971 westernrebelsfc@gmail.co m
Weston Ability Football Club Gender neutral football club for those with special needs. We facilitate for all levels of abilities, a great way to keep fit	Development Team: 12 to 15 years Senior Teams: 16 to 97 years	Training on Sundays 9am to 10am	Optima Stadium Winterstoke Road Weston-super- Mare BS49 9AP	 Blind / visual impairment Deaf / hard of hearing Learning disability / difficulty Mental health condition Autistic spectrum disorder Physical impairment All of the above None of the above 	Weston.abilityfc@gmail. com





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Women's Walking Football – Nailsea Nailsea United Walking Football team	35+ years	Sundays 2pm to 3pm	Scotch Horn Leisure Centre Brockway Nailsea BS48 1BZ	 Blind / visual impairment Deaf / hard of hearing Learning disability / difficulty Mental health condition Autistic spectrum disorder Physical impairment All of the above None of the above 	07939 374 147 nailseaunitedwfclub@gma il.com