



Clevedon Health Walks



Date	Day	Starting from
2 July	Tuesday	Pier Copse
5	Friday	Boots, the Triangle
9	Tuesday	Bandstand
12	Friday	Sunnyside Surgery
16	Tuesday	Salthouse car park
19	Friday	Bandstand
23	Tuesday	Sunnyside Surgery
26	Friday	Pier Copse
30	Tuesday	Bandstand
2 Aug	Friday	Salthouse car park
6	Tuesday	Boots, the Triangle
9	Friday	Bandstand
13	Tuesday	Sunnyside Surgery
16	Friday	Boots, the Triangle
20	Tuesday	Salthouse car park
23	Friday	Pier Copse
27	Tuesday	Bandstand
30	Friday	Salthouse car park
3 Sept	Tuesday	Pier Copse
6	Friday	Sunnyside Surgery
10	Tuesday	Boots, the Triangle
13	Friday	Bandstand
17	Tuesday	Sunnyside Surgery
24	Tuesday	Salthouse Car Park
27	Friday	Pier Copse

Tuesday and Friday walks start at 10.30am for one hour

A walk of 30 minutes can be arranged, ring Lynne (see below)

Monday evening walks A little more challenging!

Start 7pm for one hour

8 July – All Saints Church

5 Aug – All Saints Church

2 Sept – All Saints Church

Sunday Walks

Start 10am for one hour

7 July – Salthouse car park

28 July – Boots, the Triangle

11 Aug – Pier Copse

25 Aug – Boots, the Triangle

29 Sept - Bandstand

Aimed at individuals who want to start and stay active

Assistance dogs only

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear. No need to book, just come along!

Contact Lynne Purcell 01275 852 663 or Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

www.facebook.com/clevedonwalkandtalk

