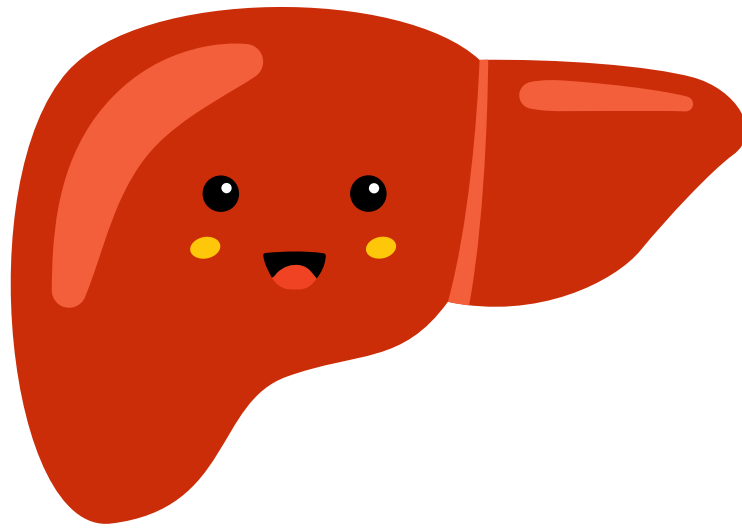


# Liver Health Event



**For anyone living in North Somerset with a diagnosis of Non-Alcoholic Fatty Liver Disease (“NAFLD”)**

One Weston NHS & Better Health NS are providing short talks on:

- understanding your condition
- what can help you to feel better
- how you can reduce liver fat, or even reverse NAFLD
- what help is available

Cost: **Event is free to attend, and includes a hot drink & a snack!**

When: Monday 29th July, please arrive at either 10 am; 2 pm or 6 pm (event will take about one hour)

Where: ‘The Sub’, Opposite the For All Health Living Centre, 68 Lonsdale Avenue, Weston, BS23 3SJ

To book: Phone 01934 427661 to reserve your space