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| July |  |
|  | 2024 |
|  |  |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  |  |  | **Uphill Boatyard Walk 7pm Call Kira 07882 474 692 or John 01934 511 808 For more info** |  |  |  |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
|  | **Self Neglect Awareness Week Day 1 Launch Event 12 midday. Book** [**here**](https://www.ticketsource.co.uk/whats-on/online/online/self-neglect-awareness-week-day-1-welcome-and-opening/e-vleolx) | **Self Neglect Awareness Week Day 2. Overcoming barriers. 12 midday Book** [**here**](https://www.ticketsource.co.uk/whats-on/online/online/self-neglect-awareness-week-day-2-overcoming-barriers/e-eqdrdb) | **Self-Neglect Awareness Week Day 3 Capacity Act. 1pm Book** [**here**](https://www.ticketsource.co.uk/whats-on/online/online/self-neglect-awareness-week-day-3-self-neglect-and-the-mental-capacity-act/e-vlazaq) | **Mental Health and Lived Experience training 1pm –** **4pm. Book** [**here**](https://www.eventbrite.co.uk/e/883258358527?aff=oddtdtcreator) | **Self Neglect Awareness Week Day 5 Trauma Informed Practice 12 midday Book** [**here**](https://www.ticketsource.co.uk/whats-on/online/online/self-neglect-awareness-week-day-5-trauma-informed-practice/e-gbepex) |  |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
|  |  |  | **Prince Consort Gardens Walk 7pm. Call Kira 07882 474 692 or John 01934 511 808 For more info** |  |  |  |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
|  |  |  | **Samaritans Awareness Day** |  |  |  |
| 28 | 29 | 30 | 31 |  |  |  |
|  |  |  | **Ashcombe Park Health Walk. 7pm. Call Kira 07882 474 692 or John 01934 511 808 For more info** |  |  |  |
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