

Social Prescribing North Somerset

A guide for clinicians

Mental health focus

Talking Therapies

A range of Talking Therapies for adults aged 16 and over, who live and are registered with a GP in Bristol, North Somerset and South Gloucestershire



Integrated Mental Health Teams (MINT)

For people over 18 with mental health needs requiring an holistic response.

Weston, Worle & Villages

Pier Health PCN

Referral through GP practice but MINT can be contacted for advice.



Woodspring

Gordano Valley, Tyntesfield & Mendip Vale PCNs. Referral through GP practice.

GP Social Prescribing

Mendip Vale PCN



bnssg.mendipvale.scanners@nhs.net

Pier Health PCN



Alliance homes citizens advice

Gordano Valley PCN



Tyntesfield PCN



Healthy Lifestyles Advisors

Free support to get active, eat well, lose weight, stop smoking and improve health by changing habits and behaviours.



People over 50 Community Connect



Wellbeing Workers support people to access information to stay connected within their communities and independent in their own homes.



West of England Rural Network (WERN) Village Agents

Village Agents link people in rural areas with advice and support services for independent living.



WERN Village Agent

Sue Badger 07974 983 042

Banwell, Bleadon, Hutton, Loxton, Uphill, Locking, Winscombe & Sandford



WERN Village Agent

Lyndsay Newman 07967 345 559

Winford, Dundry, Flax Bourton, Barrow Gurney, Blagdon, Butcombe, Burrington, Redhill, Churchill & Langford



WERN Village Agent

Maxine Gilman 07967 344 766

Cleeve, Congresbury, Kewstoke, Hewish & Puxton, Wick St Lawrence, Wrington



Virtual Hub



Collaborative partnership offering practical and wellbeing support services to all residents and frontline workers.

virtualhub@nscab.org.uk



Alliance Homes



Wide range of support services in partnership - includes Carer support and home from hospital. Available to anyone in the area, particularly good for people in social housing.



What is social prescribing?



Scan QR codes for more information

