GET ACTIVE: A PHYSICAL ACTIVITY STRATEGY FOR NORTH SOMERSET 2024-2028

Action Plan

This action plan sits alongside Get Active – a Physical Activity Strategy for North Somerset 2024-2028 and maps out the actions that we will take to increase participation in physical activity across the life course, ensuring a focus on our four shared outcomes: Active Places, Active Communities, Healthy People, Partnerships and Working Together.

The action plan addresses the identified gaps, barriers and opportunities for development, highlighted in the strategy document as our eight key themes (Built Environment, Natural Environment, Target Groups, Connectivity & Travel, Accessibility, Behavioural Influences,Activities & Promotion, Partnerships), we have also focussed some actions on Funding & Resources.Actions are designed to include both universal and targeted interventions across the life course to ensure the provision of new actions for all those living and working in North Somerset as well as those where there is greater health and wellbeing need.

A steering group of key stakeholders will be formed to develop the actions and provide further detail. The steering group will monitor progress on a quarterly basis and review and refresh the action plan yearly.

1. **Active Places**

|  |
| --- |
| **Built Environment - Objective***We will invest in our built environments to provide high quality experiences, ensuring that we enable those who will most benefit from being more active to be supported to take part.* |
| **What we will do**  | **Specific Action (SMART)**  | **By When (Timeline)** | **Delivery Lead** |
| 1.1 Explore the co-location of health-related and leisure facilities and services (maximising impact, value for money and carbon emissions) i.e., Community hubs | At project initiation stage, consider the colocation of facilities | 2024-2028  | NSC Leisure Service, Sirona care and health, Public Health NSC  |
| 1.2 We will work with partners to improve the quality of community assets and facilities to support physical activity opportunities | Make improvements to swimming pool changing facilities at Hutton Moor LC Effective partnerships, management and operation of Marine Lakes (Clevedon and W-s-M) to maintain access to outdoor water based activity | 2024-2025 | NSC Leisure Service, Legacy Leisure NSC Open Space & Natural Environment Team |
| 1.3 Ensure leisure infrastructure is provided to meet the increase in population arising from new housing developments as identified in the [sport and leisure facilities strategy](https://n-somerset.gov.uk/my-services/libraries-leisure-open-spaces/leisure-physical-activity/sport-leisure-facilities-strategy-2020-2036) | Provide new community space and outdoor sports pitch provision in Weston  | 2024-2027 | NSC Leisure Service |
| 1.4 Utilise existing built facility provision for physical activity across North Somerset, including village halls, community centres, GP practices | Provide two new physical activity opportunities in existing facilities | 2024-2028 | Town and Parish Councils, Age UK Somerset  |
| 1.5 Encourage and support sport/leisure/community facilities to be more accessible | Complete accessibility assessments for North Somerset Council leisure centres | 2024-26 | NSC Leisure Service |
| 1.6 Provide support and guidance for sport and physical activity clubs to apply for funding to ensure these facilities are accessible and encourage a wider offer of inclusive physical activity | We will explore opportunities to provide a small grants scheme for sport and physical activity clubs | 2024-2028 | NSC Leisure Service, NSC Public Health |
| 1.7 Use the Active Design guide, Active Travel England Planning Assessment Toolkit and the Place and Movement Framework’s Design Toolkit to help planners, designers & developers create environments that support more people to be physically active | Raise the profile of the Active Design guide with North Somerset planners and developers Developers will demonstrate an increased modal share in active travel through their Travel Plans | 2024-2028 | Planning Policy NSC, Leisure NSC, STARS (Sustainable Travel and Road Safety) / ITU Public Transport / Strategic Transport Policy & Development |
| 1.8 Continue to support the current nine schools funded through the Opening Schools Facility Fund in 24/25 and encourage increased use of their school facilities for community use | Work with 9 schools on the Opening Schools Facility Fund: Herons Moor, Winterstoke Hundred, Ravenswood, Mead Vale, Hans Price, Clevedon, St Katherines, Broadoak and ChurchillWesport will provide regular 1:1 catch ups to check on how plans are progressing. Encouraging those who are offering community usage, to ensure there are benefits to the local community | 2024-2025 | Wesport, Schools (9 involved) |

|  |
| --- |
| **Natural Environment – Objective** *We will expand further the opportunities to better utilise the area’s natural resources and environment for physical activity.* |
| **What we will do**  | **Specific Action**  | **By When (Timeline)** | **Delivery Lead** |
| 1.11 Development of infrastructure to support use of the natural environment for physical activity e.g., benches, toilets, changing, showers, and cafés | Deliver a Changing Places facility at Portishead Lake GroundsSupport development, operation and use of Clevedon Marine Lake via Marlens successful Heritage Lottery GrantIdentify circular public rights of way routes in need of upgrading to allow less abled users to better access the network | 2024-252024-20252026 | NSC Open Space & Natural Environment TeamNSC Open Space & Natural Environment TeamNSC Open Space & Natural Environment Team |
| 1.12 Enhance the use of North Somerset’s parks and open spaces by developing a management and access plan for each of the parks to facilitate increased use of outdoor space for a range of organised and recreational physical activities  | Ongoing review of management and access plans for Seafronts, Parks and Open SpacesIdentify green social prescribing organisations who could use NSC public open space | 2024-2027 | NSC Open Space & Natural Environment Team |
| 1.13 Review existing approach to booking of parks and open space for organised activities to increase access | Ensure a straight forward activity application and permission process that supports continued and proposed new park run events  | 2026 | NSC Open Space & Natural Environment Team |
| 1.14 Use innovative ideas to encourage active use of the natural environment as much as possible due to their lower carbon footprint | Deliver Tai Chi in Grove Park Deliver Parks and Countryside Ranger activities in NSC parks and open spaces | 2024-2026 | NSC Open Space & Natural Environment Team, Age UK Somerset  |
| 1.15 Encourage and support informal and formal activities such as ParkRun on the beach fronts, parks and promenades | Deliver one new ParkRun Ensure a simple activity application and permission process that supports continued and proposed new ParkRun  | 2025-2026 | NSC Seafronts Team, NSC Public Health  |
| 1.16 Support the outcomes of the Rights of Way Improvement Plan  | Promote the use of the public rights of way network for health & wellbeing | 2024-2028 | NSC Public Rights of Way Team |
| 1.17 Provide new and maintain existing green social prescribing opportunities across North Somerset  | Continue delivery of Ellenborough Park Yoga in Spring/Summer 2024Incorporate green social prescribing referrals in NSC public open space volunteering sessions | 2024-2025  | NSC Public Health, Natural England, Weston Town Council, NSC Open Space & Natural Environment Team  |
| 1.18 Support and expand the community garden scheme and provision of community allotments | Ensure at least two new allotment/community garden sites have disabled access and disability friendly features | 2024-2028 | North Somerset Disabled Action Group |
| 1.19 To minimize motorised travel, we will ensure that natural environment spaces can be easily reachable by active and public transport | Continue to develop and improve the Active Travel Network (through Active Travel Action Plans (ATAPs)) resulting in an increase to the modal share of active travel with the goal of increasing walking and cycling trips by 300% by 2030Continue the promotion of alternatives to the private car resulting in an increase to the modal share of active travel with the goal of increasing walking and cycling trips by 300% by 2030 | 2024-2028 | STARS (Sustainable Travel and Road Safety) / ITU Public Transport / Strategic Transport Policy & Development |
| 1.20 We will continue to implement the national ParkPlay initiative across open spaces in North Somerset to support families becoming more active together on a weekly basis.  | Provide four Park Plays: Cherry Avenue (Clevedon), Castle Batch (Worle), Clarence Park (Weston) and Portishead | 2024-2025 | NSC Public Health |
| 1.21 We will inspire more women to enjoy the many benefits of being active outdoors | Promote This Girl Can ‘Let’s Get Out There’ campaign to women across North Somerset using the resources available from Sport England | 2024-2025 | NSC Public Health |

1. **Active Communities**

|  |
| --- |
| **Target Groups – Objective** *We will build on existing targeted activity and provide new opportunities to enhance impact and reach more inactive people* |
| **What we will do**  | **Specific Action**  | **By When (Timeline)** | **Delivery Lead** |
| 2.1 Promote opportunities to be more active in everyday life within local communities and settings  | Deliver four healthy habits workshop events (to include a get active focus) in Clevedon, Nailsea, Portishead and Weston | 2024-2025 | NSC Public Health |
| 2.2 Ensure that local health and care pathways and initiatives include signposting to local physical activity opportunities where physical activity is of benefit/recommended e.g. falls/fracture prevention, mental health support, type 2 diabetes, hypertension, MSK, cardiac rehab, pulmonary rehab, parkinson’s, cancer and other long term health condition pathways | All relevant Remedy referral pathways link to the better health get active website and an increase in inward referrals to available provision  | 2024-2028 | NSC Public Health, Wesport, BNSSG ICB, NSC Leisure Contractors, Sirona care and health |
| 2.3 Support Leisure centres to resume and enhance health and wellbeing activities for those living with long term health conditions through the Steps to Get Active programme  | Deliver and sustain a minimum of 15 new Steps to Get Active groups at Hutton Moor Leisure Centre, aimed at residents living with specific long term health conditionsExpand Steps to Get Active across North Somerset Leisure Centres | 2024-2025 | NSC Leisure Contractors, NSC Public Health, Pier Health PCN  |
| 2.4 Provide ‘come and try it’ events for unrepresented groups | Deliver a new inclusive sport event at Weston College  | 2024 | Weston College |
| 2.5 Influence schools on the importance of embedding physical activity and sport opportunities across their school, including: the use of the school sport premium to target under-represented groups; promotion of physical literacy and the School Games | Good practice and resources to be shared via Wesport PE Bulletin, NSSPEA Bulletin and social mediaAdvocate for this work by presenting to the local Headteachers network  | 2024-2025 | North Somerset Schools PE Association (SGO), Wesport, Childrens Directorate  |
| 2.6 Utilise the School Games programme to promote physical activity opportunities to all school aged children | Wesport will provide Health Inequalities funding to the School Games Programme to support under-represented groups (£3k in 23/24 academic year).Increase the number of North Somerset Schools applying to the School Games Mark Awards to reward and recognise a school’s engagement (provision and uptake) in the School Games  | 2024 | NSSPEA (SGO), Wesport |
| 2.7 Offer further training to community sports / physical activity clubs to ensure an inclusive environment to residents  | Organise and promote 10 inclusive training opportunities for local physical activity providers as part of the Active For All project | 2024-25 | NSC Public Health, VANS |
| 2.8 Engage with local action groups to gain feedback and insight about participation in physical activity (linked to 3.1) | Gain feedback from outcomes of the grant scheme (linked to 3.1) | 2024-25 | NSC Public Health, VANS, Sirona care and health  |
| 2.9 Use the annual Children and Young People’s Active Lives Survey to ensure that the views of young people are represented in future planning for physical activity | Specific action to be confirmed in year 2 | 2025-2028 | NSC Public Health, Wesport, Childrens Directorate  |
| 2.10 Consider physical activity opportunities in rural locations (linked to the Rural Strategy) | Specific action to be confirmed in year 2 | 2025-2028 | tbc |
| 2.11 Continue to coordinate the existing Health Walk programme and expand provision to target inactive residents and under-represented groups  | Expand health walk provision by delivering one new health walk and increasing the overall participants by 10% (to include inactive residents and under-represented groups) | 2024-2026 | NSC Public Health |
| 2.12 Develop new signposting pathways into the Healthy Lifestyles Advisors Get Active offer of 12 weeks individualised support to inactive residents across North Somerset | Develop 8 new signposting links into the Get Active pathway of support | 2024-2025  | NSC Public Health  |
| 2.13 Increase the number and variety of exercise and movement classes, to support older adults to build strength and balance to reduce the risk of falls and fractures  | Deliver rebranded Sit, Fit and Fun classes in Portishead and Weston Deliver Ageing Well Physical Activity classes in North Somerset Sanctuary Care HomesDeliver new Tai Chi classes in Portishead, Kewstoke and Weston. | 2024-2025 | NSC Public Health, Age UK Somerset, Sirona care and health |
| 2.14 Continue to commission the Ageing Well Physical Activity scheme for older adults linking with other provision for older adults, to include Staying Steady Falls Prevention, Escape Pain and Fall Proof | Procure the Ageing Well Physical Activity contract for 1 April 2025-31st March 2028 | 2025-2028 | NSC Public Health |
| 2.15 Explore new walking and cycling provision for social prescribing in Weston-Super-Mare | Provide new walking and cycling social prescribing opportunities | 2025-2027 | NSC Public Health, STARS (Sustainable Travel and Road Safety) |

|  |
| --- |
| **Connectivity and Travel – Objective** *We will support the improvement of key infrastructure and active travel initiatives which will enable more opportunities to participate in physical activity* |
| **What we will do**  | **Specific Action**  | **By When (Timeline)** | **Delivery Lead** |
| 2.16 We will continue to deliver the outcomes of the Council’s Active Travel Strategy to develop a network of new, improved, maintained, accessible and safer walking and cycling routes | We will deliver improvements on public rights of way which are routes to schoolContinue to develop and improve the Active Travel Network (through Active Travel Action Plans (ATAPs)) resulting in an increase to the modal share of active travel with the goal of increasing walking and cycling trips by 300% by 2030 | 2024-2028 | Natural Environment Team, Sustainable Travel and Road Safety /ITU Public Transport / Strategic Transport Policy & Development |
| 2.17 Improve connectivity to green spaces and use of sustainable transport to access the natural environment  | We will raise awareness of public rights of way which lead residents from towns/villages into nearby green spaces/countryside | 2024-2025 | NSC Natural Environment Team |
| 2.18 New residential areas to incorporate Active Travel opportunities and transport links | Assess all new planning applications and local plan allocations against the Active Design guide, Active Travel England Planning Assessment Toolkit and the Place and Movement Framework’s Design Toolkit and provide feedback to North Somerset planners and developersDevelopers will demonstrate an increased share in active travel through their Travel Plans | 2024-2028 | STARS (Sustainable Travel and Road Safety) /ITU Public Transport / Strategic Transport Policy & Development |
| 2.19 Increase the provision of bike hire and secure storage facilities | Pilot WECA’s Tier e-bike contract | 2026 (pilot starts)  | STARS (Sustainable Travel and Road Safety) /ITU Public Transport / Strategic Transport Policy & Development |
| 2.20 Enhance cycle confidence training | 80% of children trained at Level 2 before they finish Year 6 of primary school | 2024-2025 | STARS (Sustainable Travel and Road Safety) /ITU Public Transport / Strategic Transport Policy & Development |

3. **Healthy People**

|  |
| --- |
| **Accessibility – Objective** *We will reduce inequalities and increase awareness across our population, to increase physical activity levels long-term.* |
| **What we will do** | **Specific Action**  | **By When (Timeline)** | **Delivery Lead** |
| 3.1 We will deliver the Active For All project providing further inclusive and dedicated physical activity opportunities to people living with disabilities and long term health conditions, those in routine / semi-routine jobs and those who are long-term unemployed or have never worked (NS-SEC 6-8\*), people from Asian and Black backgrounds and females (inactive groups as reported by the Active Lives Survey) | Set up a small grants application scheme to support 30 Active For All providers to increase the number of inclusive physical activity opportunities for the inactive demographic groups.  | 2024-2025 | NSC Public Health, VANS,  |
| 3.2 Investigate concessionary rates of swimming provision for pregnant individuals, to align closer with provision available in other BNSSG local authorities  | Deliver a pre/post natal swimming offer at Hutton Moor Leisure Centre linked to the Steps to Get Active scheme | 2024-2025 | NSC Leisure Contractors, NSC Public Health |
| 3.4 Provide seafronts that are safer for walkers, runners and cyclists | Include a section on the NSC public rights of way webpage focussed on walks – linked to BetterHealth NS website, National Trails and King Charles Coastal Path | 2024-2025 | NSC Seafront team, Safer Stronger Communities  |
| 3.5 Improved signage for Active Travel - cycling, walking, scooting, horse riding | We will produce material to promote those public rights of way which are accessible to cyclists and horse-ridersThe completion of any new active travel routes will be appropriately signed | 2024-2028 | Natural Environment Team, STARS (Sustainable Travel and Road Safety) /ITU Public Transport / Strategic Transport Policy & Development |
| 3.6 Deliver the Go4Free project providing free and half price access to local physical activity provision linked to the social prescribing of physical activity | Support 888 inactive residents to access the Go4Free scheme via referral from the Healthy Lifestyles Advisors, Social Prescribers and the MINT team | 2024-2026  | NSC Public Health, VANS, Social Prescribers, MINT  |
| 3.7 Develop opportunities for carers (paid and unpaid), young carers and care providers to be physically active linked to the emerging carers strategy  | Specific action to be confirmed in year 2 | 2025-2028 | NSC Public Health, Adults Directorate, Childrens Directorate, Sirona care and health |
| 3.8 Embed physical activity and strength and balance opportunities within the work overseen by the North Somerset Falls Collaborative | Promote Physical Activity and Strength and Balance resources within the prevention and response stages of the pathwayContinue promotion of Fallproof materials to all organisations who can reach Older adults.Continue to advocate and promote Age UK Somerset Staying Steady classes | 2024-2026 | Falls Collaborative  |
| 3.9 Raise awareness of the healthy workplace programme and opportunities for employers to increase physical activity levels of employees  | Recruit 8-12 workplaces a year onto the Healthy Workplaces Awards, support all Member organisations to provide opportunities for staff/volunteers to take part in physical activity during the working day and signpost to local physical activity initiatives | 2024-2025 | NSC Public Health |
| 3.10 Promote and support the delivery of the Holidays, Activities, and Food (HAF) programme to increase our uptake of children receiving benefits-related free school meals who access physical activity during key school holidays | Include health representation on the procurement panel during HAF provider commissioning Support the marketing and communications of the HAF programme to increase update in physical activity during holiday periods  | 2024-2028 | NSC Childrens Directorate, Sirona care and health |
| 3.11 Provide community opportunities for children and young people to be active, supporting positive mental wellbeing and reducing the risk of poor mental health  | Investigate new community physical activity opportunities to support positive mental health in children and young people  | 2025-2028 | Wesport, NSC Public Health, Sirona care and health |

|  |
| --- |
| **Behavioural Influences – Objective** *We will work to remove barriers that impact participation in physical activity* |
| **What we will do**  | **Specific Action**  | **By When (Timeline)** | **Delivery Lead** |
| 3.10 Promoting inclusive, bespoke, welcoming and non-judgmental physical activity opportunities  | Provide inclusive training to physical activity providers (linked to 2.6)Promote the principles of the Uniting the Movement Implementation Plan from Sport England | 2024-2025 | VANS, Leisure Contractors, NSC Public Health, NSC Leisure  |
| 3.11 Enhance existing buddy and befriending schemes focussed on physical activity  | Provide a new swimming 1-1 buddy scheme at Marine Lake (Weston) for those ‘getting back into swimming’ or anxious of going alone  | 2024-2025 | Mudlarks, VANS, NSC Public Health, Wesport  |
| 3.12 Promote available childcare or child friendly physical activity sessions in the community  | Develop the online Active Directory to include childcare and child friendly sessions  | 2024-2025 | Physical activity providers, Leisure Contractors, NSC Public Health |
| 3.13 Use behaviour change principles and social marketing campaigns focussed on local opportunities to be active in North Somerset linking with the Better Health North Somerset website | Promote the We are Undefeatable App, launching in July 2024 | 2024 | NSC Public Health |
| 3.14 Provide a bursary scheme for low-income children and young people (up to age 16) to enable them to participate in local sports and physical activity clubs | We will support 200 children and young people to access the bursary scheme | 2024-2026 | NSC Public Health, NSC Leisure  |
| 3.15 Support looked after children and care leavers to access leisure provision and physical activity opportunities | Provide Up and Active, swimming lessons, physical activity equipment pack scheme and holiday activities for looked after children and care leavers | 2024-2028 | NSC Public Health, NSC Leisure |
| 3.16 Support inactive children (aged 4-12) and families identified by the NCMP programme to be active  | Investigate provision of a Healthy Lifestyles Advisors Service for families to include group and 1-1 support which includes a focus on physical activity  | 2024-2028 | NSC Public Health, Sirona care and health |

4) **Partnerships and Working Together**

|  |
| --- |
| **Partnerships and Working Together Objective***We will develop further a co-ordinated approach to physical activity development and delivery in settings across the life course*  |
| **What we will do**  | **Specific Action**  | **By When (Timeline)** | **Delivery Lead** |
| 4.1 Work collaboratively to recruit and train staff, residents and college students to deliver community physical activity, health and wellbeing programmes | Input into the West of England sport and physical activity sector local skills action plan  | 2025 | Wesport, NSC Public Health, CIMPSA, Weston College |
| 4.2 Support early years settings to encourage and provide physical activity opportunities via the Healthy Early Years Award Scheme  | Deliver two Raising the Awareness of Physical Activity Workshops to Early Years practitioners working in nurseries, children’s centres, pre schools and childminders | 2024-2026  | NSC Public Health |
| 4.3 We will support the local workforce across the health and social care system to champion physical activity by maximising uptake of available training  | Deliver two Raising the Awareness of Physical Activity Workshops to local practitioners  | 2024-2025 | Public Health NSC, Sirona care and health |
| 4.4 We will work alongside GP practices to increase physical activity levels of staff and patients, supporting practices to become an Active Practice or Parkrun Practice linking with local Parkrun events.  | Support one GP practice in Weston to become a ParkRun Practice linked to Marine Parade ParkRun in Weston | 2024-2025  | Public Health NSC, Sirona care and health |
| 4.5 We will work with sheltered and social housing providers to ensure that opportunities to be physically active are available, information provided, and links made to local activities  | Support the provision of three new physical activity opportunities for residents living in sheltered and social housing | 2024-2026 | Public Health NSC, VANS, Curo, Alliance Homes, Live West, Supported Housing for Young People, Leisure Contractors  |
| 4.7 Identify priority places to take a strategic place-based approach to increasing physical activity | Co-ordinate and support the Active Weston group, a subgroup of the One Weston Locality PartnershipShare the learning from the national Sport England place-based approach and look to replicate in more areas based on need | 2024-2028 | Public Health NSC, Wesport  |
| 4.8 Develop a Physical Activity support network in Clevedon  | Set up a virtual physical activity support network in Clevedon  | 2025-2028 | Public Health NSC, Wesport, Clevedon Town Council  |

|  |
| --- |
| **Activities and Promotion – Objective** *We will aim to provide more opportunities to participate in physical activity as part of everyday life*  |
| **What we will do** | **Specific Action**  | **By When (Timeline)** | **Delivery Lead** |
| 4.10 Develop further and promote the online active directory | Develop the number of sports clubs included in the active directory and add a new map function  | 2024-2025 | NSC Public Health, NSC Leisure  |
| 4.11 Increase the profile of physical activity social prescribing in non-health care settings  | Increase the number of physical activity referrals from social prescribers working in non-health care settings | 2024-2028 | NSC Public Health, Wesport, Social Prescribers |
| 4.12 Promote once launched the new coastal Pier to Pier and all walking, cycling and coastal paths | We will promote the NSC Tidal TrailWe will use launch events to promote the new Pier to Pier active travel routes – contacting major employers to encourage to use the route. Promote to cycle clubs and other organisations | 2025-2026 | Natural Environment Team, STARS (Sustainable Travel and Road Safety) |
| 4.13 Provide targeted ‘bite size’ running and cycling groups for beginners | Deliver four Couch to 5K programmes (two outside of Weston) | 2024-2025 | NSC Public Health, local running groups |
| 4.14 Include the promotion and signposting of physical activity through health checks e.g. Health Checks for CVD, SMI, Workplaces  | Develop physical activity signposting information that can be shared during the health checks  | 2024-2028 | BNSSG ICB, NSC Public Health, Primary Care Networks, Sirona care and health |
| 4.15 Promote campaigns to encourage children and young people to be active within, or outside of, school | Promote National School Sports Week (17-23 June 2024) focussed on 60 minutes a day of PE, Sport and Play for every childSupport the summer 10 minute shake up campaign  | 2024 | Public Health NSC, Healthy Schools  |
| 4.16 Continue to support the Play Your Way scheme enabling families to play together | Deliver one new Play Your Way scheme in North Somerset  | 2024-2025 | Public Health NSC |
| 4.17 Promote [www.betterhealthns.co.uk/get-active](http://www.betterhealthns.co.uk/get-active) to residents for Get Active support and expand awareness of local opportunities for residents to be active  | Increase visits to the Better Health Get Active website by 10% | 2024-2025  | Public Health NSC |

|  |
| --- |
| **Funding and Resources – Objective** *We will ensure a co-ordinated and targeted approach to the use of resources and funding opportunities*  |
| **What we will do**  | **Specific Action**  | **By When (Timeline)** | **Delivery Lead** |
| 4.18 We will ensure physical activity outcomes are embedded in any new Council and partner strategies | Three new Council strategies to include a focus on physical activity  | 2024-2025 | Public Health NSC, NSC Leisure |
| 4.19 Review current process for recruitment of volunteers to ensure this is fit for purpose  | Ensure recruitment process is meeting current need | 2025-2028 | NSC Natural Environment team, VANS, Age UK Somerset  |
| 4.20 Use national and regional funding opportunities to support local community organisations to provide physical activity | Support two organisations to access funding each year Actively promote the newly launched Movement Fund from Sport England  | 2024-2028 | NSC Public Health, Wesport, VANS, NSC Leisure  |

Action planned approved by the North Somerset Physical Activity Strategy Steering Group on 10/7/24.