## Churchill and Cheddar Health Walks

## Walks are on the first and third Saturday of each month, starting at 10.30am

4 January – Cheddar Reservoir Walk
Meet at Sharpham Road car park, near new pavilion (not reservoir car park)
(A shorter walk and coffee meet up is available at 11am from the same meeting point)

18 January – Strawberry Line to Easton Meet at Westbury-sub-Mendip, BA5 1HA

1 February – Cheddar Meet at Hannah More Cottage, Lower North Street, Cheddar (A shorter walk and coffee meet up is available at 11am from the same meeting point)

> 15 February – Historic Axbridge Meet at The Square, Axbridge, BS26 2AR

1 March – Cheddar Meet at Hannah More Cottage, Lower North Street, Cheddar. (A shorter walk and coffee meet up is available at 11am from the same meeting point)

> 15 March – Churchill Meet at Market café, Ladymead Lane, Churchill

Aimed at individuals who want to start and stay active

Assistance dogs only

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear

No need to book, just come along!

Contact: Adrian: 01934 743 527 / adrianmale99@gmail.com

**Physical Activity Team:** 

**01275 882 730 /** <u>GetActive@n-somerset.gov.uk</u> <u>www.betterhealthns.co.uk/get-active/walking/</u>







