



Weston-super-Mare Health Walks



All walks are on Mondays at 2pm

30 and 60 minute walks are available – starting at the same time and place

7 October	Portishead open air swimming pool (BS20 7HD)	Road, woodland grass track, hills and harbour side
14 October	Woodspring Priory – Leader will be there to direct you to car park (BS22 9YU)	Grass tracks, muddy and hills
21 October	Apex Park, Burnham – meet in car park (TA8 1NQ)	Pathways, lanes and gravel tracks, flat
28 October	McDonalds, Worle (BS22 6BL)	Pathways, lanes, flat
4 November	Uphill Way Car Park (BS23 4XP)	Muddy tracks, hills
11 November	Sandford – meeting point TBC	Strawberry Line, hills
18 November	Ashcombe Park – meet at top by cafe (BS22 8BP)	Pavements and lanes, hills
25 November	Winscombe Recreation Ground (BS25 1AZ)	Pathways, fields, some hills
2 December	Clarence Park – meet at Café (BS23 4AW)	Pavements, sand, flat
9 December	The Manor pub, North Worle (BS22 9PL)	Pavements, pathways, grass hills
16 December	NO WALK TODAY	
23 December	Matalan, Locking Castle (BS24 7AY)	Pathways, flat
30 December	Prince Consort Gardens – meet at the top (BS23 2EP)	Pavements, hills
6 January 2025	The Ebdon pub, North Worle (BS22 9WE)	Pavements, grass hill, mainly flat

Aimed at individuals who want to start and stay active.

30 minute and 60 minute walks are available

Assistance dogs only.

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear

No need to book, just come along!

Contact: John Western: 01934 511 808 or

Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/



Better Health
North Somerset

