

Are you passionate about making a difference in the lives of parents and families?

Then why not join our team as a
Peer Support Group Volunteer?

You will help to create welcoming, safe, and non-judgmental spaces for those navigating emotional challenges during pregnancy and early parenthood.





About Us

We work across Bristol, North Somerset, and South Gloucestershire to ensure accessible support for families in diverse communities.

How You Can Help

As a volunteer, you'll play a vital role by:

- Welcoming group members with warmth and empathy.
- Helping set up and tidy our family-friendly spaces.
- Preparing refreshments to create a relaxed environment.
- Supporting our staff to promote recovery, connection, and hope.
- Sharing your skills, creativity, and ideas to make every session meaningful and uplifting.

What We Offer You

- Comprehensive training to help you feel confident in your role.
- Access to a supportive volunteer community and monthly supervision groups.
- Invitations to our CPD (Continuing Professional Development) events.
- The chance to make a real difference in the lives of parents and families across our region.

Your Commitment

2.5 hours per week (in-person at various locations or online).

If you're ready to be part of a team that fosters hope and connection, we'd love to hear from you!



Email support@mothersformothers.co.uk for an application form