



Clevedon Health Walks



Date	Day	Starting from
Apr 1	Tuesday	Sunnyside Surgery
4	Friday	Salthouse Car Park
8	Tuesday	Boots, The Triangle
11	Friday	Bandstand
15	Tuesday	Salthouse Car Park
22	Tuesday	Bandstand
25	Friday	Boots, The Triangle
29	Tuesday	Sunnyside Surgery
May 2	Friday	Salthouse Car Park
6	Tuesday	Boots, The Triangle
9	Friday	Bandstand
13	Tuesday	Salthouse Car Park
16	Friday	Sunnyside Surgery
20	Tuesday	Pier Copse
23	Friday	Boots, The Triangle
27	Tuesday	Sunnyside Surgery
30	Friday	Salthouse Car Park
Jun 3	Tuesday	Crab Apple pub *11am start
6	Friday	Bandstand
10	Tuesday	Salthouse Car Park
17	Tuesday	Bandstand
20	Friday	Crab Apple pub *11am start
24	Tuesday	Sunnyside Surgery
27	Friday	Pier Copse

Tuesday and Friday walks start at 10.30am for one hour unless stated otherwise
A walk of 30 minutes can be arranged, ring Lynne (see below)

Monday Evening walks
A more strenuous walk, please wear sensible footwear
Starts 7pm for one hour

14 Apr – All Saints Church
12 May – All Saints Church
9 Jun – All Saints Church

Sunday Walks
Starts 10am for one hour

20 Apr – Salthouse Car Park
27 Apr – Leaf & Bean, Six Ways
18 May – Bandstand
25 May – Leaf & Bean, Six Ways
8 Jun – Pier Copse
22 Jun – Salthouse Car Park

Aimed at individuals who want to start and stay active
Assistance dogs only
If you need support to walk, please bring someone with you
Please wear suitable clothing and footwear. No need to book, just come along!

Contact Lynne Purcell 01275 852 663 or Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

www.facebook.com/clevedonwalkandtalk

