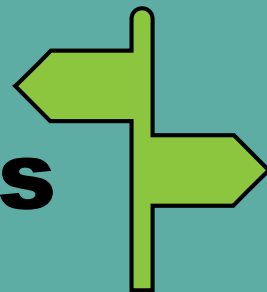




Weston-super-Mare Evening Health Walks



Wednesdays at 7pm

16 April - The Grand Pier

23 April - Tropicana

30 April - Uphill Boat Yard

7 May - Apex Park, Burnham

14 May - Matalan

28 May - Worlebury Golf Course

4 June - St Georges Medical Centre

11 June - Prince Consort Gardens
(meet at the top)

18 June - Clarence Park

25 June - Grand Pier

2 July – Uphill Boat Yard

9 July – Hutton (meet at bus stop on Moor Lane)

16 July - Matalan

23 July - Weston Woods
(meet at the Cliff Road car park entrance)

30 July - Kewstoke Village Hall

6 August - Ashcombe Park
(meet at the top by the café)

13 August - Manor Inn, Worle

20 August - Uphill Boat Yard

27 August - Observatory Pub, Worle

3 September – Tropicana

10 September – The Grand Pier

Aimed at individuals who want to start and stay active

Assistance dogs only

If you need support to walk, please bring someone with you

Please wear suitable clothing and footwear

No need to book, just come along!

Contact: Kira 07882 474 692 or John 01934 511 808

Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

